

Weekindeling (Voorbeeld) - Engels + Hockey

Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
07:30 - 09:00	Arrival	Wake up/ Breakfast						Theme park or Departure
09:00 - 09:15		Morning meeting						
09:15 - 10:15		Placement testing	English - Functional language				Progress test	
10:30 - 11:30		English - Skills Development						
11:45 - 12:45		English - Projects						
13:00 - 14:00		Lunch						
14:15 - 17:45		Team preparation, Skills test, Tournament	Midfield play and Switching play, Possession	Attacking overloads, Defensive play, Shooting drills	Attacking / Defending skills 1 v 1s, Topic related games	Player assessment, Core skills, Conditioned games		
18:00 - 19:30		Dinner						
19:30 - 21:30		Welcome Evening	Social Challenge	Mental Challenge	Physical Challenge	Fun Challenge	Celebration	

Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
07:30 - 09:00	City visit or Arrival	Wake up/ Breakfast						Departure
09:00 - 09:15		Morning meeting						
09:15 - 10:15		Placement testing	Functional language				Progress test	
10:30 - 11:30		Skills Development						
11:45 - 12:45		Projects						
13:00 - 14:00		Lunch						
14:15 - 17:45		Attacking / Defending Skills 1 v 1s, Topic related games	Attacking overloads, Defensive play, Shooting drills	Player assessment, Core skills, Conditioned games	Midfield play and Switching play, Possession	Team preparation, Skills test, Tournament		
18:00 - 19:30		Dinner						
19:30 - 21:30		Welcome Evening	Social Challenge	Mental Challenge	Physical Challenge	Fun Challenge	Celebration	