



Sample Language Plus Golf Programme

(this is a sample programme only and changes are at the discretion of the Head Coach)

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mornings	Breakfast & Morning Meeting						
Lesson 1	 Arrival	Warm-up Golf assessment	Warm-up Grip & stance Fundamentals clinic	Warm-up Short & bunker play	Warm-up Putting clinic	Warm-up Driving & putting competition	Departure 
Lesson 2		Ability group placement Course assessment	Shot making with long and medium irons Driving range	Shot making for short irons Short play area	Putting green Course practice	Driving & putting competition Tournament	
Lesson 3		Etiquette clinic Warm-down	Driving range / Course practice Warm-down	Course practice Warm-down	Individual course management	Tournament Awards	
Afternoons	Lunch, Afternoon Meeting & Free Time						
Lesson 1	English assessment & tour of centre	Grammar & Vocabulary (Core English)	Grammar & Vocabulary (Core English)	Grammar & Vocabulary (Core English)	Grammar & Vocabulary (Core English)	Grammar & Vocabulary (Core English)	Please note: English lessons can take place in the mornings or the afternoons
Lesson 2	Grammar & Vocabulary (Core English)	Reading/listening, Writing/speaking (Integrated Skills)	Reading/listening, Writing/speaking (Integrated Skills)	Reading/listening, Writing/speaking (Integrated Skills)	Reading/listening, Writing/speaking (Integrated Skills)	Reading/listening, Writing/speaking (Integrated Skills)	
Lesson 3	Reading/listening, Writing/speaking (Integrated Skills)	Project (Collaboration)	Project (Collaboration)	Project (Collaboration)	Project (Collaboration)	Project (Collaboration) Progress test	
	Dinner, Free Time, Evening Entertainment & Bed Time						